

INCREASE CHILDREN'S CREATIVITY BY PLAYING MUSICAL INSTRUMENTS AND DANCING

Al Fajri¹, Asiva Lela Normayanti², Susilawati³

^{1,2,3}Universitas Indraprasta PGRI, Jakarta, Indonesia

Corresponding Author(S): alfajri@gmail.com

Abstract:

Children's creativity is an important aspect that needs to be improved in the process of education and learning. Early childhood is a critical period in the development of creativity. This article aims to explore the positive impact of the method of playing musical instruments and dancing on children's creative development. The purpose of this literature study is to understand the extent of existing knowledge, identify research gaps and summarize relevant findings from existing literature sources. This literature study helps researchers design conceptual frameworks, detailed theoretical frameworks and acquire a solid foundation for the research to be conducted. It can be concluded that this method can help improve imagination, fine and gross autoric physical abilities, social skills, cognitive.

Keywords:

Children Creativity;
Musical Instrument;
Dancing



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INTRODUCTION

Childhood is a golden opportunity for various opportunities for children's growth and development that cannot be repeated both physically, emotionally and socially. Lack of attention in childhood even from an early age has an influence that carries over into adulthood. What a child looks like in adulthood depends largely on how much attention, affection and best interests he receives even from an early age (Tarbiyah & Keguruan, 2018). Play is a very important psychological and biological demand and need of children. Through play demands for developmental needs dimensions of motor development, cognitive, creativity, eosi language, social interaction, values and life attitudes can be met (The American Academy of Pediatrics, 2007).

Children's creativity is an important aspect that needs to be improved in the process of education and learning. Fun learning means a lot to your child and will be beneficial until he or she is an adult (Baker, L. M., 2012). Emotional factors are important factors to determine the effectiveness of the learning process. Educators need to give a positive impression on children in their learning activities so that children like the learning process that can develop their creativity. This is characterized by children who are enthusiastic about participating in learning activities such as laughing, asking lots of questions and enjoying the activities given by the teacher. One of the methods that can be used to

increase children's creativity is through playing musical instruments and dancing (Lubis, H. Z., Rani, K., & Pratiwi, S., 2023). Early childhood is a critical period in the development of creativity.

Playing a musical instrument can provide a platform for children to express themselves with confidence. Games that involve physical activity will help children to improve their motor skills, apart from that, playing a musical instrument will also train them children's self-confidence to appear in front of other people (Al-Awamleh, A., 2010). Playing musical instruments too provides hands-on experience on how to play musical instruments and can develop musical intelligence, besides that it can also develop interests' children to explore it. Playing is also a way for children to learn and socialize with the surrounding environment. Playing percussion music is also great fun for children because by playing music children feel relaxed and enthusiastic.

Dancing is an activity that requires concentration and skills to produce attractive moves. Dancing also gives a wealth of creative opportunities for children, allowing them to express themselves via body movement, stimulate their imaginations, and increase their creativity. Dancing allows individuals to express themselves via rhythmic movements, focusing on motion, energy, space, and time (Anggraeni et al., 2020). This activity not only improves sensory experiences and coordination, but it also enables children to overcome challenges, build confidence, and develop their creative abilities at a young age.

Based on several things above, the author is interested in writing about Increasing the musical intelligence of young children through playing musical instruments and dancing adapted to the situation and environmental conditions of the kindergarten organizing institution with always pay attention to the safety of materials and tools that will be used for children. One interesting method to enrich a child's experience and stimulate creativity is through playing musical instruments and dancing. This article aims to explore the positive impact of this activism on children's creative development.

METHOD

The method used in this article is a literature study which is a process of in-depth analysis of literature or collections of writings relevant to certain topics or research statements. The purpose of this literature study is to understand the extent of existing knowledge, identify research gaps and summarize relevant findings from existing literature sources. Thus this literature study helps researchers design conceptual frameworks, detail theoretical frameworks and acquire a solid foundation for the research to be conducted.

To develop children's creativity, it is necessary to develop freedom, courage, spontaneity, originality in children. Therefore, efforts to increase children's creativity must be by attracting children's attention and interest. One way or way that is very easy is through the method of playing musical instrument and dancing.

RESULTS AND DISCUSSION

Results

In general, children are creatures who have a very high curiosity and want to try. Playing musical instruments and dancing can affect children's brain development, especially in

the aspect of creativity. Playground equipment can help children improve their motor coordination and social skills (Tutik, 2012). Musical instruments can also be included in this type of playground equipment. How to play a musical instrument can be by hitting, plucking, banging, or shaking to produce various types of sounds. This can increase their creativity. If playing a musical instrument produces sound, then dancing is an activity that produces beautiful movements because of the sound and both require creativity to create it. Dance is the beauty of the movements of every part of the human body that is moving, melodious, and soulful (Anggraeni et al., 2020).

Musical instruments and dance can stimulate the child's brain to think creatively and innovatively. In addition, both can also improve motor coordination and social skills of children.

Art education can positively impact children's development, including aesthetic and physical growth, creative imagination, and mental health (Saputri & Yuwono, 2022). Most people assume that creativity can be judged by results or what is created by someone, whereas creativity does not always produce results that can be observed and assessed. In other words, it is not necessarily a child who produces good, good and neat works or paintings that have more creativity than other children. The teacher must also see the process and meaning of the activities carried out by the child. Creativity can only be born from intelligent people who have a healthy psychological state. Creativity is not only scrambled but emotional variables and mental health are very influential on others. Intelligence without a healthy is very difficult to produce creative work. As for ways that can be done to develop early childhood creativity:

- a. Helping children accept change
- b. Help children realize that some problems have not been solved
- c. Help the child to learn to interpret and accept his feelings
- d. Rewarding children's creativity

Discussion

This method can be applied at home or at school. Children who will increase their creativity are given democratic time and freedom so that children do not feel restrained, demanded or given authoritarian attitudes that can inhibit and kill children's ideas. In developing creativity, children can experience obstacles that can damage or even turn off their creativity (Anak et al., 2017). Creating an environment that supports exploration, provides freedom of expression, and encourages the desire to try new things can help overcome these barriers. Several factors that can inhibit creativity in early childhood include:

1. Too Structured Learning Approach: Learning that is highly structured and focused on tests or correct answers can hinder children's creative exploration.
2. Limiting Creativity by Strict Rules: Rules that are too strict or excessively restrictive can hinder children's creative expression and discourage them from trying new things.
3. Lack of Support for Exploration: An environment that does not provide opportunities for exploration and new experiments can hinder the development of creativity.
4. Lack of Visual and Sensory Stimulation: An unattractive environment or lack of visual and sensory stimulation can limit a child's creative inspiration.
5. Lack of parent and teacher involvement: Parent and teacher support in providing opportunities to be creative and supporting children's creative ideas is very important.

6. Negative Influence from the Social Environment: Negative treatment or pressure from peers or the social environment can affect a child's self-confidence and reduce the urge for creativity.

CONCLUSION

Through this literature study, it can be concluded that the method of playing musical instruments and dancing is effective in increasing children's creativity. Therefore, this method needs to be applied in the learning process at school and at home. This method can help improve imagination, fine and gross motoric physical abilities, social skills, cognitive. Children can follow the rules of playing music and dancing, listen to material explanations calmly, happily and cooperation that will make children able to foster creativity so that the learning atmosphere becomes fun.

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